

**Motilal Nehru College**  
University of Delhi  
**National Service Scheme (NSS)**


CELEBRATING 73<sup>RD</sup> REPUBLIC DAY



*“Where the mind is without fear and the head is held high, where knowledge is free and the world has not been broken into a billion fragments.”* these lines by Rabindranath Tagore continue to guide us even today and inspire us to live the life Rabindranath Tagore dreamt for us. On 26<sup>th</sup> January 2022 on the occasion of 73rd Republic Day, we the students of Motilal Nehru College, NSS unit successfully celebrated the day by hosting a flag and taking pledge towards our country. We celebrated the occasion in our college campus along with 47 volunteers and 3 teachers, the event was successfully organized and celebrated by us.

Mr. Surya Pratap Singh  
Student Coordinator  
NSS  
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**Program Officer**  
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Motilal Nehru College

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University Of Delhi

## National Service Scheme

### INDEPENDENCE DAY CELEBRATION

"At the stroke of the midnight hour , when the world sleeps , India will awake to life and freedom . " - Jawaharlal Nehru in his " Tryst with destiny " speech on the eve of India's independence.

This year our nation celebrates the 72th Independence Day. It is a day of immense pride for all Indians as we commemorate the sacrifices made by millions of our freedom fighters, who had sacrificed their lives in the freedom struggle and with their unfaltering grit, patriotism, and headstrong commitment to Azad (free) India, forced the British empire to finally retreat.



The struggle, the hardship, and the non - violence campaigns during the freedom struggle are remembered to date across the globe. People across the world were inspired by India's unfaltering march to independence.

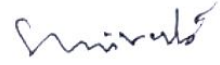
The NSS unit of Motilal Nehru College celebrated this auspicious day in our college premises. The event started with hoisting our national flag followed with our national anthem. The flag was hoisted by our honourable principal. We people also took pledge with one accord to follow every rules and regulations and uphold the dignity of the tricolor. We also conducted plantation drive where we 60 NSS volunteers and 10 teachers planted around hundred plants in around nearby area of the college. The other students from our college were also a part of this event.

(1)

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YOGASANA ON INTERNATIONAL YOGA DAY



On the occasion of International Yoga Day, Motilal Nehru NSS team performed an activity on 21<sup>st</sup> June 2022. The volunteers of NSS Motilal has successful celebrated the day by performing various yoga asanas with a positive thought, "*Yoga is the journey of the self, to the self, through the self*". The theme of this activity was '*yoga se hi hoga*'. The 31 volunteers of NSS team participated in this healthy activity. In this webinar everybody was made aware about the yoga by the college Principal. The Principal and volunteers discussed the merits of yoga in our daily life. Yoga can ease arthritis symptoms. Gentle yoga can ease some of the discomfort of tender, swollen joints for people with arthritis. Yoga benefits heart health. Regular yoga practice may reduce levels of stress and body-wide inflammation, contributing to healthier hearts. After knowing so much of yoga benefits volunteers and other students felt conscious about health and pledged to make yoga an essential part of their daily lifestyle. So, "*Yoga is a light, Which once lit, Will never dim, The better your practice, The brighter the flame*". The activity ended with the smiling faces.

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WORLD ANIMAL WELFARE DAY



As is truly said by Charlie Chaplin “One who feeds a hungry animal, feeds his own soul”. The NSS team celebrated the World Animal Welfare Day on 5<sup>th</sup> October, 2021 by feeding various stray animals and birds in the locality of individual volunteers under our Project Kudrat. Volunteers of our organisation enthusiastically led the goal of feeding animals which turned out to be a great success. Volunteers fed and served the birds and animals like dogs, rabbits, squirrels, cats, etc. near college campus and at some local shelters. In this activity 45 NSS volunteers and 5 teachers showed their active participation in the humane act of feeding animals. Showing love and compassion towards the animals and birds living in our locality reflects our development as a society.

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A DAY WITH INDIA'S FUTURE



On 21st November 2021 NSS Motilal Nehru Colleges team on occasion of children day celebrated A Day with India's future under Inspire Young India scheme with 23 volunteers and 3 teachers. This was in collaboration with "Hum honge kamyab" Ngo in Delhi Cantonment slum area. We conducted a fun activity session for the children where we played with them and also later conducted a session where we focused on their holistic development by telling them about importance of sanitation and education. Children are the heritage of the country. How our country will be built and how our future will be, depends on the parenting and the mindset of the children.

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OATH TAKING CEREMONY ON NATIONAL VOTERS DAY



On 25th January 2022, NSS Motilal Nehru College conducted an oath taking ceremony on National Voters Day with over 100 participants on google meet with our honorable Principal sir Professor Shrivatsa Shastri and our NSS Program Officer Dr. OP Gusai as our chief guest. This session helped us understand the importance of fair voting thus on the occasion of National Voter's Day, we celebrated the oath ceremony by taking pledge to always participate in free and fair elections and utilize our voting rights, as the future lies with us, the youth of the country.

Miss Shivani  
Student Coordinator  
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**Program Officer**  
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**Principal**  
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**Extension Activities by Enactus Motilal Nehru College  
in the Academic year 2021-2022**

**Dog Rabies Vaccination Drives in various localities in Delhi NCR under Project DESI**

- 25th - 26th September'21: North Campus, South Campus, JMI  
Vaccinated 93 dogs with anti rabies and 9 in 1 vaccine shot.  
In collaboration with Nishabd NGO and CGS Hospital
- 26th November'21: Malviya Nagar  
Vaccinated 54 dogs with anti rabies and 9 in 1 vaccine shot.  
In collaboration with Nishabd NGO and CGS Hospital
- 26th November'21: PVR Saket, Munirka  
Vaccinated 72 dogs with anti rabies and 9 in 1 vaccine shot.  
In collaboration with Nishabd NGO and CGS Hospital
- 11th February'22: Noida  
Vaccinated 73 dogs with anti rabies and 9 in 1 vaccine shot.  
In collaboration with Rex Vet Clinic.
- 27th February'22: Laxmi Nagar (West)  
Vaccinated 80 dogs with anti rabies and 9 in 1 vaccine shot.  
In collaboration with Nishabd NGO and CGS Hospital
- 29th March'22: Laxmi Nagar (East)  
Vaccinated 83 dogs with anti rabies and 9 in 1 vaccine shot.  
In collaboration with Nishabd NGO and CGS Hospital

**Dog Deworming Drive under Project DESI**

- 8th - 9th February'22  
Total dogs dewormed: 258 dogs

**Held Webinars/Seminars on canine rabies, ABC (Animal Birth Control) Program and Animal first Aid**

- 28th September'21: Webinar on World Rabies Day with Peepal Farm
- 10th February'22: Webinar on Deworming and it's importance with Charlie Animal Rescue Centre