

**Motilal Nehru College**  
University of Delhi

**National Service Scheme (NSS)**


**BLOOD DONATION DRIVE AND CAMP**


On 25th April, 2022 the NSS- Motilal team successfully completed the blood donation drive & camp in association with "AIIMS - Delhi ". The whole of NSS team is thankful to AIIMS- Delhi team to join us in this small act of kindness that did great and big wonders. NSS- Motilal is also grateful and appreciate the donors who contributed a lot in our blood donation drive. If the world had more people like them it would be a better place. We saw an active participation from 60 NSS volunteer, 3 teachers, and several members outside from our college donated blood and saved many lives. It resulted in 137 successful donations. The AIIMS- Delhi team appreciated the work and efforts of NSS-Motilal team by awarding our program officer Dr. O.P.Gusai sir.

The drive was indeed successful in rendering life to the person in need and spreading the love, humanity and kindness. We realised that donating blood is really a win-win for everyone involved.

*"A donation of blood means a few minutes to you, but a lifetime for somebody else."*

Mr. Ankur  
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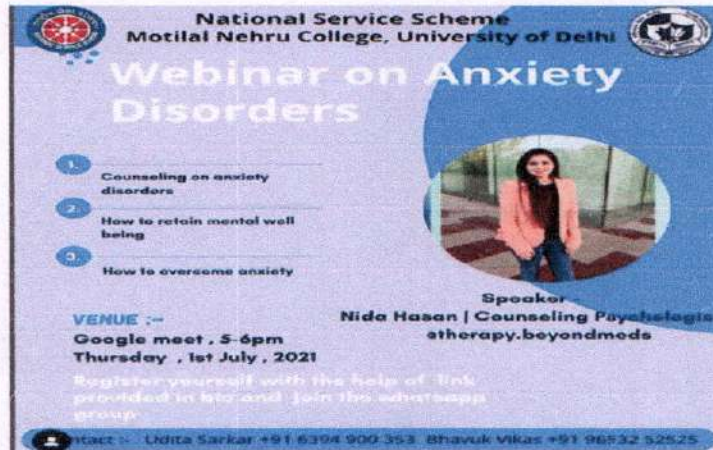
  
Principal  
Motilal Nehru College

# Motilal Nehru College

University of Delhi

## National Service Scheme (NSS)

### WEBINAR ON ANXIETY DISORDER



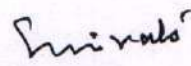
On the mentioned date, NSS organized a webinar on anxiety disorders. The guest speaker for the event was Ms. Nida Hasan who is a counselling psychologist. It was a virtual webinar held via google meet to help and educate the youth on how to deal with such disorders. As we all are aware that anxiety disorders are real, serious medical conditions, just as physical disorders. The Guest Speaker explained everything through Power Point presentation and the webinar addressed some of the frequently asked questions about Psychological and Pharmacological treatment of these kind of disorders. The 3 Teachers and 32 volunteers participated. The webinar was very informative for the participants as they were made aware of various unknown things that are usually ignored by people having anxiety disorders.

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COVID -19 AWARENESS

On the above mentioned date, the NSS unit organized a COVID-19 Awareness and Management Session. The guest speaker at the webinar was Honorable Dr. (Col.) K. S. Johar (Indian Army Veteran). In this session the guest speaker burst all the myths related to Covid-19 and made the students more aware about the right precautions which should be taken for COVID-19 management. As the COVID-19 pandemic continues, a host of untruths has surrounded the topic. In this Special Feature, Dr. K. S. Johar addressed some of these myths and conspiracy theories. At last, he emphasized on the importance of taking full precautions like wear mask in public, cleaning your hands, maintain safe distance from others and get vaccinated. The 5 teachers and 46 volunteers participated.

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# NCC CAMPS AND TRAINING -Lcpl SWECHHA'S REVIEW

## Prime Minister's Rally Cultural 2021

Prime Minister's rally is held on 28th January every year at Cariappa Parade Ground, New Delhi .This year Prime Minister Shri Narendra Modi addressed the rally of the National Cadet Corps. Union Defence Minister Rajnath Singh, Chief of Defence Staff General Bipin Rawat and three armed services chiefs were also present. Prime Minister inspects the guard of honor review march past by NCC contingents, present awards to the deserving cadets and witness the cultural performance during the event.

PM rally was a dream for many cadets especially during the global pandemic which came true due to the self belief, hard work and dedication of the cadets who were fortunate enough to be a part of it. Due to covid-19, necessary precautions were taken by the conducting unit-5 Delhi Girls Battalion. From the day of auditions to the day of final performance not even a single cadet was tested positive for covid-19.





The knowledge and experience that I take home after attending this camp is huge. I've made memories and bonds that I will cherish forever. To everyone who has been a part of my life and a part of this journey, I wholeheartedly thank you and express my gratitude. I wish to learn more, explore more and guide my juniors towards the same.

Jai hind!

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